



Ability Online is a supportive online community for kids, teens and young adults with all kinds of disabilities or chronic illnesses. We also have a separate section for parents and professionals. Membership is free and the online experience is safe, secure and monitored. There are just under 6000 members currently registered with Ability Online. Programs for the youth include Bully Bouncers, Friendship Builder and Transition Plus.

Ability Online helps members build confidence and skills by connecting them to a supportive community of role models and mentors, linking them to great learning resources, and providing them with a safe and nurturing platform to receive assistance tailored to their specific learning needs. It allows any member (child, teen or parent) to connect with others for friendship, support and information in a secure, bully-free environment where the goal is to help our members accomplish great things! A new program Healthy Minds is just being developed with support of members of Ability Online and is designed to support young people with disabilities and mental health challenges. Visit www.abilityonline.org for more information or contact the Executive Director, Michelle McClure, at 416-650-6207 or email michelle@abilityonline.org

